

## **Biomedical Interventions for Treating Autism Resource List**

### **General**

Autism Society of NorthEast WI (ASNEW) 920-497-1212; [www.asnew.org](http://www.asnew.org)

Autism: Effective Biomedical Treatments (The DAN Protocol)  
newest revision out October, 2005  
by: Jon B. Pangborn, PhD and Sidney M. Baker, MD

Autism One website: [www.autismone.org](http://www.autismone.org)

Autism Recovery Network website: [www.autismrecoverynetwork.org](http://www.autismrecoverynetwork.org)

Autism Research Institute website: [www.autismwebsite.com/ari](http://www.autismwebsite.com/ari)

Book: Biological Treatments for Autism and PDD by: William Shaw, PhD

Bradstreet, Jeff MD, FAAP website: Internat'l Child Development Resource Center:  
[www.icdrc.org/](http://www.icdrc.org/)

Center for the Study of Autism website: [www.autism.org](http://www.autism.org)

DAN (Defeat Autism Now) webcast website: [www.DANWebcast.com](http://www.DANWebcast.com)

Developmental Delay Resources website: [www.devdelay.org/](http://www.devdelay.org/)

Book: Facing Autism by Lynn Hamilton

Internat'l Meeting for Autism Research website: [www.imfar.org](http://www.imfar.org)

McCandless, Jaquelyn MD, author "Children With Starving Brains": [www.autism-rxguidebook.com/](http://www.autism-rxguidebook.com/)

The Mind Institute, Medical Investigation of Neurological Disorders:  
[www.ucdmc.ucdavis.edu/mindinstitute/](http://www.ucdmc.ucdavis.edu/mindinstitute/)

National Alliance for Autism Research website: [www.naar.org](http://www.naar.org)

Article: "The Pediatrician's Role in the Diagnosis and Management of Austistic Spectrum Disorders in Children" article: Pediatrics Vol.107 No.5 May 2001, pp 1221-1226

Tylenol/acetaminophin dangers: [www.lef.org/protocols/prtcl-001.shtml](http://www.lef.org/protocols/prtcl-001.shtml)

Unlocking Autism, Louisiana autism group website: [www.unlockingautism.org/](http://www.unlockingautism.org/)

### **Dietary Interventions**

ADHD and Milk - casein free only website: [www.nowheat.com/grfx/nomilk/index.htm](http://www.nowheat.com/grfx/nomilk/index.htm)

ANDI (Autism Network for Dietary Intervention) website: [www.autismndi.com](http://www.autismndi.com)

Book: Breaking the Vicious Cycle by: Elaine Gottschall:  
[www.breakingtheviciouscycle.info/](http://www.breakingtheviciouscycle.info/)

Book: Easy Bread Making for Special Diets by: Nicolette M. Dumke

The Feingold Diet website:

Books by : Fenster, Carol  
Special Diet Celebrations  
Special Diet Solutions  
Wheat Free Recipes and Menus

Food Manufacturers website: [www.nutribase.com/tollfree.shtml](http://www.nutribase.com/tollfree.shtml)

Gluten and Casein Free Diet info. website: [www.gfcfdiet.com](http://www.gfcfdiet.com)

Book: The GFCF Diet Cookbook [www.gfcfdiet.comcookbook](http://www.gfcfdiet.comcookbook)

Books by: Hagman, Betty  
The Gluten Free Gourmet  
More From the Gluten Free Gourmet  
The Gluten Free Gourmet Cooks Bread

No-Milk Page website: [www.panix.com/~nomilk/#prod](http://www.panix.com/~nomilk/#prod)

Reichelt, Karl MD, PhD on urinary peptides (gluten and casein):  
[www.panix.com/~donwiss/reichelt.html](http://www.panix.com/~donwiss/reichelt.html)

Books: Special Diets for Special Kids I, II by: Lisa Lewis, PhD

Book: Unravelling the Mystery of Autism and PDD by Karyn Seroussi

Yeast Free Diet information by Dr. Wm G. Crooks: [www.yeastconnection.com/](http://www.yeastconnection.com/)

Book: The Yeast Free Connection by William G. Crooks, MD

## **Vaccine/ Autism Connection**

Booklet: Childhood Vaccination Questions All Parents Should Ask by Tedd Koren, DC

Book: Evidence of Harm: Mercury in Vaccines and the Autism Epidemic by David Kirby

Generation Rescue, a group looking at mercury poisoning: [www.generationrescue.org/](http://www.generationrescue.org/)

Book: International Mortality Statistics by Michael Alderson

Institute for Vaccine Safety: [www.vaccinesafety.edu](http://www.vaccinesafety.edu)

Mary Megson, MD: Pertussis damage to G alpha proteins/ use Vit. A:

[www.autismtoday.com/articles/Through-The-Eyes-Of-Autism.htm](http://www.autismtoday.com/articles/Through-The-Eyes-Of-Autism.htm)

Mothering Magazine [check for back issues on vaccinations] [www.mothering.com](http://www.mothering.com)

Nat'l Childhood Vaccine Injury Compensation Program (NCVIC):  
[www.hrsa.gov/osp/vicp/INDEX.HTM](http://www.hrsa.gov/osp/vicp/INDEX.HTM)

Nat'l Immunization Program: [www.cdc.gov/nip](http://www.cdc.gov/nip)

National Vaccine Information Center: [www.909shot.com](http://www.909shot.com)

PAVE: People Advocating Vaccine Education: [www.vaccines.bizland.com](http://www.vaccines.bizland.com)

PROVE: Parents Requesting Open Vaccine Education: <http://vaccineinfo.net/>

SafeMinds: Sensible Action for Ending Mercury Induced Neurological Disorders:  
[www.safeminds.org/](http://www.safeminds.org/)

Book: [A Shot in the Dark](#) by Harris L. Coulter and Barbara Loe Fisher

Vaccine Information and Awareness: [www.home.san.rr.com/via/](http://www.home.san.rr.com/via/)

VAERS: Vaccine Adverse Events Reporting System: [www.vaers.hhs.gov/](http://www.vaers.hhs.gov/)

Book: [What Your Doctor May Not Tell You About Children's Vaccinations](#) by  
Stephanie Cave, MD, FAAPP

Silver Amalgams video: [www.iaomt.org/merc\\_release.swf](http://www.iaomt.org/merc_release.swf)

## **Detoxification**

Book: [Detoxification and Healing](#) by Sidney MacDonald Baker, MD:  
[www.sbakermid.com](http://www.sbakermid.com)

2005 Update, Mercury Detoxification Consensus Group Position Paper, free to download  
at: [www.autismresearchinstitute.com](http://www.autismresearchinstitute.com)

## **Immune Issues**

Autism AutoImmunity Project: funds independent research on immune system disorders  
in autistic children: [www.gti.net/truegrit](http://www.gti.net/truegrit)

## **Allergies and Autism**

Book: [Say Good-Bye to Allergy-Related Autism](#) by: Dr. Devi S. Nambudripad, DC,  
LAc, RN, PhD

## **Genetics**

CAN: Cure Autism Now: [www.cureautismnow.org](http://www.cureautismnow.org)

Autism Genetic Resource Exchange: [www.agre.org/](http://www.agre.org/)

## **Supplement Companies**

Kirkman Laboratories, Inc  
64005 W. Rosewood St.  
Lake Oswego, OR 97036  
503-682-5678

Klaire Labs  
140 Marine View Ave, Suite 110  
Solana Beach, CA 92075  
1-800-859-8358

## **DAN Doctors / Upper Midwest**

Channing Wiersema, MD  
Plover Family Practice  
2401 Plover Rd  
Plover, WI 54467  
715-295-3800  
fax: 715-295-3833

Bruce A. Semon, MD, PhD  
5555 N. Port Washington Rd, #200  
Glendale, WI 53217  
414-962-6100

Anju Usman, MD  
True Health Medical Center  
603 E. Diehl Rd, #135  
Naperville, IL 60563

Pfeiffer Treatment Center  
4575 Weaver Parkway  
Warrenville, IL 60555-4039  
630-505-0300

## **Labs (most often used by DAN doctors)**

Doctor's Data  
3755 Illinois Ave  
St. Charles, IL 60174  
1-800-323-2784

Great Smokies Diagnostic Lab  
63 Zillicoa St.  
Asheville, NC 28801

1-800-522-4762

Great Plains Laboratory  
11813 W. 77th St.  
Lenexa, KS 66214  
913-341-8949

## **Gluten/Casein Free Diet List For School**

(Updated 9/9/05) To check for most current info. [www.gfcfdiet.com/directory.htm#s](http://www.gfcfdiet.com/directory.htm#s)

### **School Supplies**

CRAYOLA: washable markers, model magic, markers, chalk, jumping colors, oil pastels, 3D markers, powder paints, silly putty, finger paints, crayons, mess free color wonder, water soluble oil pastels

No Crayola dough-contains gluten

Colorations GF dough: [www.discountschoolsupplies.co](http://www.discountschoolsupplies.co)}

ROSS: white glue, glue sticks and school glue

ELMER'S washable glue

### **Juices**

Dole fruit juices, Hi-C, Five Alive, Juicy Juice;  
Minute Maid juice boxes (cherry, apple, fruit punch, tropical, berry punch, lemonade),  
Minute Maid calcium orange juice & frozen berry punch;  
Motts natural apple juice;  
Old Orchard Brand-all 100% natural juice and blends; Florida's Natural Growers-lemonade; Gatorade;  
Sunny Delight; Ocean Spray - orange, apple, grape and cranberry;  
Veryfine: 100%juices&drinks, apple quenchers, chillers & fruit 20;  
Welch's grape juice; Santa Cruz-root beer, berry and nectar

### **Fruit Snacks**

General Mills fruit roll-ups(all);  
Nabisco: Blues Clues Blueberry, Digi Dinos and Gamesters Jumbler Strawberry

### **Soda**

Coke, Caffiene Free Coke, Pepsi and Mug Root Beer, Sprite, Squirt, Canada Dry, 7-Up, Dr. Pepper, Icees

### **Frozen Treats**

Edy's "Whole Fruit" Fruit Bars;  
Luigi's Real Italian Ice;  
Minute Maid (frozen) Juice Bars - apple, orange, grape and cherry;  
Welch's(frozen) Juice Bars - grape, and assorted flavors; raspberry, strawberry and grape;  
Twin Pop Popsicles;  
Budget Saver Twin Pops;  
Cool Fruits Juice Freezers: grape & cherry;

Dole Fruit Bars;  
Cascadian Farms Sorbet;  
Dole Fruit Sorbet; Dreyer Fruit Sorbet;  
NestlesQuik Chocolate Syrup;  
Mocha Mix Non-Dairy Dessert & Double Rainbow Sorbet

### **Popcorn**

Bearitos Organic Microwave Popcorn;  
Original Cracker Jack

### **Chips**

Tostitos: unflavored 100% white corn tortilla chips, orig. baked white corn, restaurant style tortilla chips, baked bite-sized, Doritos-toasted corn tortilla chips;  
Ruffles: reduced fat potato chips, reduced fat sea salt and regular Ruffles;  
Lays: kettle cooked mesquite BBQ, kettle cooked regular, light original, lightly salted, natural country BBQ thick cut, natural sea salt thick, Stax original, wavy regular, maui style regular and Munchos regular

### **Candy/Gum**

Jolly Rancher-hard candy and jelly beans;  
CeCe Candies-smarties, double lollies, mega lolly, kidz rings, candy fruits and candy lipsticks;  
Charms-Pops and Fluffy Stuff cotton candy;  
Concord Confections,Inc.-Double Bubble original bubble gum;  
Wrigley's Gum-all but NO SUGAR FREE;  
Necco-wafers; Valentins conversation hearts or sweethearts, candy eggs;  
Mary Janes peanut butter kisses;  
Mars-jelly beans; Starburst fruit chews (NOT TWISTS), Skittles; Nestle's-Spree chewy candy, regular Spree candy and Willy Wonka gobstoppers,bottle caps, pixie stix, nerds, runts, sweet tarts; Sunkist: Fruit Jems; Just-Born,Inc.-Easter candy marshmallow peeps and bunnies,etc;  
Mike & Ike: zours, jelly beans and hot tamales;  
Mason Dots;  
Farley gummy bears; Dum Dum Lollypops